

2008 Project AWARE Menu*

* Subject to change



JUNE 14-21, 2008
WINNEBAGO - SHELL ROCK - CEDAR

Saturday, June 14th – Overnight: East Park, Mason City

- **Dinner (Waverly Hy-Vee):** Grilled Chicken Breast, Corn on the Cob, Chop Chop Salad, Cheesecake, Rolls & Butter, Lemonade and Punch

Sunday, June 15th – Overnight: George Wyatt Park

- **Breakfast (Waverly Hy-Vee):** Scrambled eggs, Ham, Biscuits, Fruit, Orange Juice, Coffee, and Milk
- **Lunch (Waverly Hy-Vee):** Croissant Sandwich, Bag of Chips, Macaroni Salad, Cookies, and Pop
- **Dinner (Waverly Hy-Vee):** Smoked Pork Chops, Baked Potato, Green Beans, Brownies, Rolls & Butter, Ice Tea and Lemonade

Monday, June 16th – Overnight: Winnebago Scout Reservation

- **Breakfast (Waverly Hy-Vee):** Egg Casserole, American Fries, Danish Roll, Fruit, Orange Juice, Coffee, and Milk
- **Lunch (Waverly Hy-Vee):** Hoagies, Potato Salad, Fruit, Candy Bar, and Pop (Waverly Hy-Vee).
- **Dinner (Winnebago Scout Reservation):** TBD

Tuesday, June 17th – Overnight: Camp Comfort

- **Breakfast (Winnebago Scout Reservation):** TBD
- **Lunch (Winnebago Scout Reservation):** TBD
- **Dinner (Waverly Hy-Vee):** Grilled ½ lb Hamburgers, Baked Beans, Cole Slaw, White Cake, Ice Tea and Lemonade

Wednesday, June 18th – Overnight: Heery Woods State Park (Clarksville)

- **Breakfast (Waverly Hy-Vee):** Hashbrown Casserole with Ham & Cheese, Muffins, Yogurt, Fruit, Orange Juice, Coffee, and Milk
- **Lunch (Waverly Hy-Vee):** Turkey & Cheese on Kaiser Roll, Rotini Salad, Fruit Cocktail, Rice Crispy Treats and Pop
- **Dinner (Cedar Falls Hy-Vee and AWARE Sponsor):** Beef Tenderloin Sandwiches (provided by the Bohner Family), Au gratin Potatoes, Broccoli Sunshine Salad, Rolls & Butter, Brownies, Ice Tea and Lemonade

Thursday, June 19th – Overnight: Shell Rock Recreational Area

- **Breakfast (Cedar Falls Hy-Vee):** Pancakes with Syrup & Butter, Sausage Links, Hashbrown Casserole, Fruit Salad, Orange Juice, Coffee, and Milk
- **Lunch (Cedar Falls Hy-Vee):** Chicken Salad, Tuna Salad or Egg Salad on a Croissant, Pretzels, Apples, Candy Bar and Pop
- **Dinner (Faith Lutheran Church, Shell Rock):** Roast Pork Loin, Cheesy Potato Casserole, Green Beans with Onion, Rolls & Butter, Homemade Dessert Bars with Ice Cream, Coffee, Iced Tea and Lemonade

Friday, June 20th – Overnight: Black Hawk Park

- **Breakfast (Faith Lutheran Church, Shell Rock):** Biscuits & Gravy, Scrambled Eggs, Sausage, Fruit, Orange Juice, Coffee, and Milk
- **Lunch (Faith Lutheran Church, Shell Rock):** Ham & Cheese Or Turkey Sandwich on Multi-Grain Bread, Dill Pickles, Carrots & Celery Sticks, Apples, Homemade Cookies and Pop
- **Dinner (Famous Dave's):** Roasted or BBQ Chicken, Texas Beef Brisket, Garlic Red-Skin Mashed Potatoes, Wilbur Beans, Cornbread Muffins, Drunken Apples, Iced Tea, Southern Sweet Tea and Lemonade

Saturday, June 21st – Final Celebration: Island Park

- **Breakfast (Famous Dave's):** Egg Casserole with Ham & Cheese, French Toast with Syrup, American Style Potatoes, Fruit, Coffee, Orange Juice and Milk
- **Lunch (Famous Dave's):** Georgia Chopped BBQ Sandwiches, BBQ Pulled Chicken Sandwiches with Jack Cheese, Potato Salad, Tossed Veggie Salad, Hot Fudge Kahlua Brownies, Bread Pudding, Iced Tea, Southern Sweet Tea and Lemonade